

## Greetings

This newsletter covers events to the end of the year. The committee hope that you will support us and make it a successful and prosperous year for the MGA.

## Social Event

### CHRISTMAS LUNCH

**Sunday 5th December 2010  
At Noon**

**The Plough Inn  
Sparsholt  
Nr Winchester  
SO21 2NW**

You will be able to choose from the following:

Two course meal      £19

Three course meal    £23

A la carte

The Plough Inn stands in beautiful countryside near to Farley Mount Country Park, there is ample space for cars, so we hope to see as many of you as possible, to celebrate this end of year event.

*Contact Paul Haddock who will be able to take your booking, and supply you with menus and a map.*

## Fund Raising Events

### COFFEE MORNING

**SATURDAY OCTOBER 2<sup>nd</sup>**

**10.00 - 12.00**

**53 Kingsway Gardens**

**CHANDLERS FORD SO53 1FF**

**£1.50**

Tea / Coffee & Biscuits, Raffle,  
Greetings Cards, Bric-à-Brac.

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Proceeds to be shared between  
Myasthenia Gravis Hampshire  
&  
"Ruthie's Fund"  
raising money for a major 'op' for a 10yr old  
refused funding by the NHS.

### 37<sup>th</sup> Chandlers Ford Charities' Christmas Market

**Saturday Nov.13<sup>th</sup>**

**Methodist Church**

**Winchester Road, Chandlers Ford**

**9.30am – 12.15pm**

The way these markets work means that 12 Charities not only keep what they take on their own stalls, BUT – *and this is the important point* – ALSO share in the profits from the entrance money, raffle, refreshments, and a cake stall ( the produce for which is the entry fee for each Charity ).SO - PLEASE just COME, enjoy a cup of coffee & buy a raffle ticket and perhaps a cake. You'll help us all. [ *Any offers of cakes very welcome – bring them on the day* ].

*Monica & Andrew Moore*

**Bliss Christmas Fair**  
**Saturday 13th November**  
**Haslemere Hall GU27 2AS**  
**9am-1pm**

Last year, Pamela Betteley and Joan Finney managed this stall on their own and it was exhausting. We would like help this year; it means serving from 9-1pm and clearing at the end. If you are willing to help please contact *Joan Finney*

**Headley Christmas Fair**  
**Saturday 27th November**  
**Headley Village Hall**  
**9.30am-1pm**

Come and see me at the Myasthenia Stall and buy your woollies for winter!  
*Joan Finney*

**Haslemere Christmas Market**  
**Haslemere Hall**  
**Sunday 5th December**  
**10am –4pm**

This is a long day to serve at a stall and helpers are greatly needed to help with the manning of it.  
*Contact Joan Finney*

**STORE COLLECTIONS** are the bread-and-butter of MG Hampshire's fund-raising but, increasingly, are having to be 'manned' only by your Committee. There ARE a few others who help when they can, BUT we need more people who are willing to give perhaps just an hour ( or maybe two ! ) to help out. These collections are NOT out in the street but under cover at Tesco or Sainsburys. You don't need to feel at all embarrassed because we are not allowed to approach anyone, nor "shake a tin" at people, so they come to you – very often to enquire what MG is !! Sit if you need-to, but please bring your own chair. *Please* consider offering your services to Joan Finney or to Jacky Perry for the collections. Your help will be very much appreciated. Thank you very much. ( *This article is supplied, unsolicited, by a regular non-Committee helper.* )

**Fund Raising**

Those who attended the AGM will know that 2009/10 was the best ever year for fund raising and in the present economic climate it is perhaps inevitable that this year we would see something of a slowdown.

I have to report that at this time last year income had reached £6,500.47 (from 1<sup>st</sup> April-31 August). This year the figure is £4,183.79 with £4,000.00 remitted to Derby HQ.

**Donations**

The committee would like to thank the following for their generous donations.

Mrs H M Miles	
Mr Tony White	
Mrs Sue Curtis	
Mr & Mrs Wetton	<b>Total £156.00</b>

**Events**

Coffee Morning (Jackie Perry)	£200.00
Haslemere Fair	223.22
AGM	47.65
LiDBA Bike Ride	1683.45
Juliet Kennedy - Bath Marathon	243.00

**Collections**

Tesco, Tebourba Way	£370.00
Petersfield Collection	372.58
Tesco Petersfield Collection	51.75
Hedge End Collection	155.61
	<b>Total £949.94</b>

**Collection Tins**

The Greyfriar, Chawton	£94.66
Gables News	35.37
	<b>Total £130.03</b>

**In Memoriam**

A wonderful way to honour a special person is to give to charity in the name of the departed. We are grateful to the families who have remembered the MGA in this way which has resulted in donations totalling **£515.00**

*Alan Whitehead Hon. Treasurer*

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**A Note from the Treasurer**

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**Feeling the pinch?** Household budgets are under pressure and money is tight. Not surprising then that charities are finding fund raising difficult. And it seems we are not an exception. We need help in finding new ways of raising funds.

Joan Finney has for a few years run very successful Bridge Tournaments in Liphook with the ladies on the committee putting on highly praised afternoon teas. We are now looking for other suitable venues for Bridge or Whist. Joan would like to hear from anybody with ideas and/or contacts.

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**Hampshire Branch Website**

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You may have noticed that MGA has a new website. There is access to the MGA Forum for discussion .

[www.mga-charity.org](http://www.mga-charity.org)

There is also a Hampshire Branch Website where you can send me messages about the branch; ideas would be very useful. It also shows you future events and past newsletters.

[www.mga-charity.org/web/hampshire-branch](http://www.mga-charity.org/web/hampshire-branch)

*Joan Finney*

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**Committee**

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Chairman: Brian Openshaw  
 Secretary: Joan Finney  
 Treasurer: Alan Whitehead  
 Welfare Officer: Jackie Perry  
 Minutes Secretary: Barbara Whitehead  
 Social Secretary: Paul Haddock  
 Member : Irene Jenkins  
 Member: Barbara Openshaw  
 Member: Baldish Mandair (Bali)  
 Editor Joan Finney  
 RO Steve Saunders      01273 581087

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**Past Events**

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**Highlights from the Hampshire AGM**

In 2009 the Hampshire Branch had its best ever year. The Chairman Brian Openshaw said that although fundraising will always be a priority, we needed to work at encouraging the social side. One problem was that Hampshire was a big county, which meant that members often needed to travel considerable distances to attend meetings. An attempt had been made to form a separate branch in the north of the county, but support had not been forthcoming. A possible solution would be setting up smaller groups that could get together informally from time to time.

In his report, the Treasurer, Alan Whitehead produced a table showing income had risen from £4,770 in 2003/04 to just under £13,500 last year. In this time a total of £54,708 had been forwarded to Derby HQ.

Following the AGM the Chairman introduced the speaker, Lisa Joyce. Lisa is the newly appointed Myasthenia Specialist Nurse based at Southampton General Hospital. In her very informative talk "Personalised Care: The Role of the Myasthenia Specialist Nurse", Lisa outlined the background to the establishment of her post which is funded by the MGA. She went on to state her priorities in delivering a personalised service specific to individual needs of Myasthenic patients. Her plans for the future included developing a nurse-led clinic aimed at the newly diagnosed, as well as outreach clinics at centres other than Southampton. She saw the need to help other Health Professionals gain a better understanding of Myasthenia. She can be contacted at:

LISA JOYCE  
 MYASTHENIA SPECIALIST NURSE  
 SOUTHAMPTON GENERAL HOSPITAL  
 MAILPOINT 101  
 TREMONA ROAD  
 SOUTHAMPTON SO16 6YD  
 TEL 07747 473769  
 E-MAIL: [myasthenia@suht.swest.nhs.uk](mailto:myasthenia@suht.swest.nhs.uk)  
*Alan Whitehead*

*Editor: The committee were very disappointed with the poor attendance at this meeting especially since the speaker gave such an informative talk of great value to Myasthenics.*

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## LiDBA Cycle Ride

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On the 13th June 40 riders and one Junior rider took part in this event. These people have raised a staggering amount of sponsor money for the branch and for MGA. £2,254.60 has come to the branch and £1,238.97 In Just Giving has gone straight to Head Office in Derby; so far a total of £3,493.57. We expect to raise more money by the end of October with Gift Aid, and perhaps with a donation from LiDBA.

It is difficult for riders to raise sponsor money year after year, but many do. This year, because this event was shown on our Hampshire website, riders who were new to the event came from as far as London to take part. This I am sure helped raise so much money.

I put a lot of work into this event to gain Gift Aid so I would plead with riders not to use Just Giving, but to carry out the directions given in the joining letter. The branch does not receive any credit for the Just Giving donations.

I would like to thank all the riders who took part, and hope they will join us again next year.

*Joan Finney*

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## Summer Outing

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On Sunday August 8<sup>th</sup> the Hampshire branch embarked on their annual summer outing. The sun shone and 25 members and friends boarded the Blue Funnel boat Ocean Scene for a lunch cruise around the Southampton docks.

The captain gave an excellent running commentary of the history and points of interest on route; even those of us who are familiar with the area learnt something.

Half way through the trip an excellent lunch was served to us in the ship's dining room consisting of port sorbet, roast chicken with all the trimmings and apple pie. We then returned to the decks to take in more of the sights and enjoy the sunshine. Arriving back at Ocean Quay we sadly disembarked, but this most enjoyable day will live on in our memories.

*Paul Haddock*

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## In Memoriam

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### In Memory of Daphne Crook

When I heard that Les Crook had died I called Daphne and we had a long chat over the phone, we promised to meet up for lunch. But with our busy lives it didn't happen and so I was terribly saddened to hear that Daphne had died last year and we never did have lunch!

Daphne was a lovely lady of great depth, understanding and compassion. When I joined this branch of the Myasthenia Gravis Association a long time ago, Daphne was there retelling her experiences about living with MG. She was encouraging and supportive, down to earth in a gentle way and of course there was Les at her side with his knowing smile.

When I met Daphne I only had one child but Daphne was proof that it was possible to lead a relatively normal life with MG and have children, I went on to have my second child Joe.

Thank you Daphne for sharing your experiences with us you were an inspiration!

*Kathy Warren*

*Editor The MGA has a disc of Daphne relating her experiences with MG and inspiring newly diagnosed patients that there is hope. I can supply a copy.*

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### Mrs Winifred Jubb

Sadly, I write to inform you that Mrs Winifred Jubb passed away in August. Her grandson Paul is a sufferer of Myasthenia. Winifred always had a friendly smile and gave a lot of her time to making things to sell on the stalls for MGA. She attended many of our events.

Along with her family she had been a long and loyal supporter of our Branch of MGA over many years for which we thank them, she will be sadly missed.

We send our sincere condolences to all her family and friends.

*Barbara Openshaw.*